

*Diocese of Winona-Rochester*

# INSTITUTE OF LAY FORMATION



*Forming lay women and men for discipleship and Gospel witness*

*The diocesan Institute of Lay Formation is a process of prayer, study, and reflection on:*

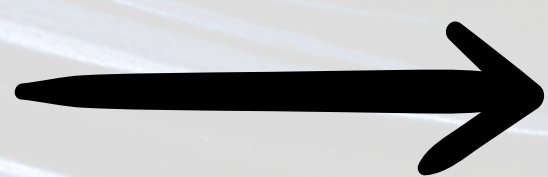
- Our Catholic Faith
- The life of discipleship and witness in the world
- Service and ministry within the Church.

*For More Information:*

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*Or visit [www.dowr.org](http://www.dowr.org),  
Office of Lay Formation and RCIA*

*Or scan the QR code*



**2023-2024 Year**

This year's formation process will be an intensive study of, and reflection on, the Church's teaching on the Eucharist.

Participants will meet for nine Saturday sessions (from 9:00 a.m. - 3:00 p.m.) held from September through April, and a weekend retreat at the conclusion of the year.